Join us for the 4th Annual Children’s Fall Festival on October 8!
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The New Early Ed Wing at Churchill
West side of Churchill Elementary
602 Arthur Street

St. Croix Paddleboat Bus Trip and Luncheon
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Register for classes online today: www.CloquetCommunityEd.com
The LumberLog is printed three times per year: August, December, & March.

• If you provide us your email address we can send you a registration confirmation; otherwise no confirmations are sent.
• If a class is full you may join the waiting list. If an opening comes up, we will call to fill the wait list in the order received.
• Refund Policy: Refund charge is $3. Cancellations must be made at least 2 business days prior to first class in order for a full refund to be considered.
• No refunds will be issued for bus trips after the deadline to register date has passed, but we may have people on the waiting list or you may find someone who could take your place.
• Cancellations: Registrants contacted if a class is cancelled or filled. Weather cancellations: If school is cancelled, Comm Ed. offerings are also cancelled. Cancellations due to bad weather announced on WKLK 96.5 FM, 1230 AM.
• We take photographs which may be used in our marketing materials. Please notify us in writing if you do not wish to have photos in print and web promotions. Such photographs may be used by Cloquet Comm. Ed. without an obligation to provide compensation.
• We apologize in advance for any errors in class descriptions, including price. We reserve the right to amend class information. If you see a discrepancy, please call to get the correct information.
• If you're interested in being on the council please contact Ruth at rreeves@isd94.org.
• Office is closed: Sep 4, Oct 19 & 20, Nov 23 & 24

Community Ed Office Phone: 218-879-1261
Email: commed@isd94.org
Website: CloquetCommunityEd.com
School Year Hours (resumes Sep 5): Mon - Fri, 8 am - 4:30 pm
Summer Hours: Mon - Thu, 8 am - 4:30 pm

Seasons in the Sun

Another tremendous summer is drawing to a close. We revere the summers for the warm, sunny weather they bring filled with sounds of birds, insects and children happily playing outside.

As usual, Community Education staff were busy with summer programming planned to make the most of this outdoor season free from snow boots and parkas. The Beach saw thousands of patron visits where children and youth splashed in the pool, slid down the slide and slide or created magnificent castles in the sand.

Kids Corner entertained hundreds of Cloquet school children with fun play, crafts, games and adventurous field trips around the region.

Adults with Disabilities enjoyed their annual Vista Fleet cruise and Pizza Train ride in Duluth, along with other social and fitness activities. Our annual bus trip to the Twins Game was a memory maker this year. The patient patrons waited more than five hours for the record-setting rain delay, only to watch the Twins take a painful 0-9 loss to the Chicago White Sox. The happy ending came with a free ticket for each patron who stayed to cheer for the home team.

It is time to shift seasons yet again as we prepare for autumn colors and the excitement of back to school shopping. Our office will open in the new Middle School in time for the first day of classes. Time for Tots and ECFE are now at home in the new Churchill wing. The excitement of change is in the air as we look forward to the next season filled with fresh classes and activities for your enjoyment!

Ruth Reeves, Community Ed Director

Find out what's happening at Cloquet Community Education “Like” us on Facebook!

Online registration is open. We accept Visa and MasterCard.

Scan the code to register for Community Ed classes online 24 hours a day!

Scan the code to register for Community Ed classes online 24 hours a day!

4 Easy Ways

Register ONLINE: www.CloquetCommunityEd.com
Register by MAIL: Just fill out the form on page 19 and mail in with a check to Cloquet Community Ed, 2001 Washington Ave., Cloquet MN 55720
Register by PHONE: Call in your registration using a Visa or MasterCard, 218-879-1261.
Register IN PERSON: Bring the form and payment to the CE office at the Cloquet Middle School.

Cloquet Community Ed’s Mission

To promote, provide, and facilitate learning opportunities and social activities to serve individuals and families, while bridging generations, inspiring collaboration and building community.

Community Education & Recreation Advisory Council:
Barry Beyer
Nicholas Plante
Caleb Charon
Lori Jameson
Mark King
Ted Lammi
Brian Points
Jacob Schmidt
Ruth Reeves
Kora Cavanagh

If you're interested in being on the council please contact Ruth at rreeves@isd94.org.

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Family Fun

4th Annual Children’s Fall Festival
Sunday, October 8
3 - 5 pm
Churchill Elementary Gym
FREE!
Fun for little ones!
Bounce house, pumpkins, games, crafts, photographer, music, face painting, prizes, snacks and beverages.

2nd Annual Doggie Dip!
Sunday, August 27 • 2 - 5 pm • $2 a dog
Bring your pooch to the Pinehurst Park Beach to show off your dog’s front crawl, breast stroke or doggie paddle!

Doggie Dip Rules:
1. No people in the water.
2. Puppies must be at least 16 weeks old.
3. All dogs must have current rabies and distemper shots (with the expiration date). Papers are required.
4. Only family friendly dogs are allowed. Please note: any dogs showing aggression will be asked to leave.
5. Owners are responsible for their dogs at ALL times, including cleaning up after their dogs.

The Beach at Pinehurst Park
Reduced hours begin August 14: 12 - 5 pm
The Beach closes August 26
$3.50 per person

Bubble Week is August 14 - 20!
Monday: 2:30 - 3:30 pm Kid’s Craft
Tuesday: Water Balloon Toss at 2 & 5 pm
Wednesday: 2:30 - 3:30 pm Kid’s Craft
Thursday: Cannon Ball Contest
Friday: 2:30 - 3:30 pm Kid’s Craft
Saturday: Water Balloon Toss at 2 pm
Sunday: Kickball at 2 pm

Outdoor Concert Series
August 6 & 13 at The Beach
Look online and at The Beach for more information.

ECFE and Time for Tots are moving too!
ECFE and Time for Tots have moved up to their new wing at Churchill Elementary this summer and will begin classes here in September!

Position Available:
Must be 16, CPR certified preferred. Applications available at the Community Ed office or online.

ECFEd and Time for Tots have moved up to their new wing at Churchill Elementary this summer and will begin classes here in September!

New CMS pool in progress! Exciting!

Cloquet Community Education and Recreation is moving to our new office mid-August!
Our summer office hours are Monday - Thursday, 8 am - 4:30 pm. We will resume school hours (Monday - Friday, 8 am - 4:30 pm) on September 5. All class locations listed as CMS are held in the NEW Middle School at 2001 Washington Ave.

Please feel free to contact us at (218) 879-1261, by email at commed@isd94.org, or online at CloquetCommunityEd.com for any questions regarding our move. We are very excited!

We still have DVDs of the old Middle School available. Get yours today! $3 each

Pine Valley Tubing Hill
Opens in December (need at least 1 foot of snow. Open weekends & winter break) Open 11 am - 5 pm.
Cost $5/person.

Positions Available:
Must be 16, CPR certified preferred. Applications available at the Community Ed office or online.
Time for Tots Registration for Fall 2017
$45 registration fee (non-refundable and in addition to class fee)
Register online at CloquetCommunityEd.com or in the ECFE/TFT’s office.
- Classes start the week of September 18, 2017.
- 36 months to Pre-K and potty trained by September 1, 2017.
- Fee or reduced rates available with proof of income.
- Monthly payments accepted.
- Four year old priority for 3 day class.
- Classes fill fast - waiting lists are available for any filled class.
- Minnesota law requires that children entering any Minnesota school must have up-to-date immunizations.
- Classes are offered during the school year. Registration is ongoing.
Classes are located at: Churchill Early Childhood Wing, 602 Arthur St., Cloquet.
Call 879-9291 for more information.

Time for Tots Preschool:
- *2 Day Class: Tue & Thur Section 1: 8:30 - 11 am (Wait List)
  Section 2: 12 - 2:30 pm $41.63/month (8 months)
- *3 Day Class: Mon/Wed/Fri (Wait List)
  $72.50/month (8 months)
- *Free, reduced rates available with proof of income. Monthly payments accepted.
- Minnesota law requires that children entering any Minnesota school must have up-to-date immunizations.
- Classes are offered during the school year. Registration is ongoing.
Classes are located at: Churchill Early Childhood Wing, 602 Arthur St., Cloquet.
Call 879-9291 for more information.

Early Childhood Screening
Next Screening dates are Aug 21, 22, & 23, 2017
In order for your child to enter Kindergarten the state requires an Early Childhood Screening between their 3rd and 4th birthday.
For more information please call Call Theresa at 879-9291

Time for Tots Preschool
Preschool helps children develop learning readiness skills so they will have the confidence and social abilities to become successful learners. Preschool classrooms and activities are designed to provide a variety of fun and meaningful hands-on learning experiences. Teachers focus on meeting children's individual and developing needs.

Free + Quick + Simple + Fun
Early Childhood Screening
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In order for your child to enter Kindergarten the state requires an Early Childhood Screening between their 3rd and 4th birthday.
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Love and Logic
Early Childhood Made Fun ™
Mondays, Oct 9 - Nov 6 | 5:15 - 7:15 pm
Instructor: Ginny Korte-Castle
Churchill Early Childhood Wing - 602 Arthur St
For Parents & Caregivers of 3 years-2nd grade children
- *Handle Misbehavior without Breaking a Sweat!
- *Put an End to Whining and Arguing
- *Choosing Appropriate Consequences
- *Teaching Kids to Listen—The 1st Time!
- *Why Limits are Important
- *When Your Kids Leave You Speechless
- *Create Happier Households!
- *Ending Bedtime Battles
This class is for adults—limited spots available for childcare.
Register by October 3. Class will be cancelled after October 3 due to low enrollment.
$20 per person Childcare: $2 per child per week, includes snack
Call 879-9291 to register or online at CloquetCommunityEd.com

Every Child Counts ...
Counting every child 0-5 in the Cloquet School District.
- Recently moved into our district?
- New birth or new family member 0 - 5?
- New phone number or address?
Please call 879-9291 or fill out the online form at CloquetCommunityEd.com
Families on the census receive valuable information regarding screening, district services, and Kindergarten Round-up.

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Call 879-9291 to register or online at CloquetCommunityEd.com

What happens in an Early Childhood Family Education class?
1. Parent and child interaction time: A licensed early childhood teacher & assistant provide developmentally appropriate activities for parents and children to enjoy together.
2. Child time: A time devoted to learning through play and activities with licensed teachers and assistants while parents participate in a parent discussion in a separate room.
3. Parent Time: Parents or caregivers participate in a discussion led by a licensed parent educator. Joys and challenges of parenting are shared and topic discussions are designed to address the developmental issues of each age group.

ECFE Registration: Sign up now for Fall 2017
Classes are located at: Churchill Early Ed Wing, 602 Arthur St.
Register online at CloquetCommunityEd.com. You can also call 879-9291 to register, or in the ECFE/TFT office.
- *Registration fee (non-refundable and in addition to class fee)
- *Classes start the week of September 18, 2017.
- *Please use your child’s age as of September 1, 2017.
- *Classes are ongoing during the school year—you may join at any time.
- *Waiting lists are available for filled classes.
- *Minnesota law requires that children entering any Minnesota school must have up-to-date immunizations.
- *Free or reduced rates available with proof of income. Monthly payments are accepted.
Questions? Please call 218-879-9291.

Baby & You! prenatal - 9 months
Thursdays, 10:30 - 11:45 am
$30/year

Wonderful Ones 10 - 18 months
Thursdays, 8:45 - 10 am
$208/year or $104/semester

Amazing Twos 19 - 29 months
Mon, Wed, Fri, 9 - 10:30 am
$208/year or $104/semester

Every Child Counts ...
Counting every child 0-5 in the Cloquet School District.
- Recently moved into our district?
- New birth or new family member 0 - 5?
- New phone number or address?
Please call 879-9291 or fill out the online form at CloquetCommunityEd.com
Families on the census receive valuable information regarding screening, district services, and Kindergarten Round-up.

Creative Kids | 30+ months
Parents attend with child.

Section 1: Mon, 9 - 10:30 am
Section 2: Wed, 9 - 10:30 am
$208/year or $104/semester

Creative Kids Plus
Children must attend Creative Kids on Monday or Wednesday.
Child attends without parent.
Fr, 9 - 10:30 am
$165/year

Sibling Care for all ages
A place for siblings while you attend class with another child. Snacks served. Bring diapers, blankets, bottles with child's name. $1/child per day.

Sibling Care for all ages
A place for siblings while you attend class with another child. Snacks served. Bring diapers, blankets, bottles with child's name. $1/child per day.

Time for Tots Preschool
Preschool helps children develop learning readiness skills so they will have the confidence and social abilities to become successful learners. Preschool classrooms and activities are designed to provide a variety of fun and meaningful hands-on learning experiences. Teachers focus on meeting children's individual and developing needs.

Please don't let fees keep you from participating in ECFE / Time for Tots programs.
Free / reduced rates available with proof of income. Monthly payments are accepted.
Thank you to The Cloquet Educational Foundation for their generous grant!
Middle School After School Enrichment
The CYC has changed to the CMS Discovery Club, a club open only for 5-6 graders. Examples: cooking, swim, archery, drama, Dungeons and Dragons, cards and board games. Nationality Mondays, name club, etc.

Pricing and Requirements: To participate in a club, most clubs/activities will have a $2 daily fee. Clubs are offered Monday – Thursday, beginning after school and ending at 4:45 pm (4 pm on Wednesdays), unless otherwise noted.

Middle School parents: To find out what’s happening this term, please send Kirsten Koskela your email address to receive monthly emails. Check the Yuuth school for 5-8 graders, send Kirsten Koskela your email address to find out what’s happening after school for Middle School parents.

a $2 daily fee
clubs/activities will have to participate in a club. Most
clubs/activities will have

Facility and Park Rental

Facility and Park Reservations

Reservation forms can be filled out online for school facilities or city parks and the Cloquet Senior Center. You can check the Facility Calendar and then click on the Facility Request Page at CloquetCommunityEd.com to reserve space for your next event.

Call us at 218-879-1261

Register online: www.CloquetCommunityEd.com
**Aquatics**

**Red Cross Swimming Lessons**

Sponsored by Northland Chapter of The American Red Cross, Cloquet Community Ed, and the City of Cloquet.

**Private/Semi Private Lessons**

Is your child afraid of the water? Try our private swimming lessons. Child meets one-on-one in the Middle Pool with a Red Cross-certified instructor who works with your child at their own level, 4 lessons, 30 minutes each. The cost is $65 per individual or $95 for 2 siblings attending the same lesson. Siblings should be at equal or similar swim level. Bring swimsuit and towel. Look online for times/dates.

**WSI Course (Water Safety Instructor)**

Want to teach swim lessons?! Sign up for this course! This class trains candidates to teach Red Cross swimming and water safety programs. Must be 16 years old. Pre-course test includes: 25 yds of swim forward crawl, back crawl, breast stroke, ele. back stroke, side stroke, 15 yds butterfly, 1 min. back float and 1 min. tread water (level 4). Swim test first class. This course is a blended learning course. It combines online learning with onsite sessions conducted by a Red Cross-certified instructor. Bring suit, whistle, and lunch/beverages.

Instructor: Maria Manner

CMS - Pool, Meet by Community Education main entrance

Sat, Nov 18 | 1 – 5 pm

Sat, Dec 2 & 9 | 9 – 5 pm

Sun, Dec 3 | 9 – 5 pm

$225

**Senior Swim**

Residents 55 and over. 3 mornings per week. Qualified lifeguards always present. Water aerobics during the first 25 minutes. Pay in advance at the Comm. Ed. office. CMS - Pool, Enter Community Ed door

Mon/Wed/Fri, Sep 11 - Dec 8 | 7 – 8 am

No swim 10/20, 11/24

Fee: $35/quarter or $2 per time

**Youth Lap Swim**

Must be 10+ years old. “Anyone not swimming laps will be asked to leave. Check in with a lifeguard.

CMS - Pool, Enter Community Ed door

Sat, Sep 16 – Dec 16 | 6:30 - 8:30 pm

No swim: 10/21, 11/25

7:30 – 9 am

$2.50/time/person

**Pollinator Classes with Kelly Smith**

**Bee Extermination**

$3.50 (3 and under $2)

**Pollinator Habitat: Planting for Bees and Butterflies**

$60.50

**Pollinator Sites**

$225

**Nature Classes with Kelly Smith**

**Pollinator Sites**

$15 family or group of 4

**Controlling Invasive Forest Plants**

$10 each

Residents 55 and over. 3 mornings per week. Qualified lifeguards always present. Water aerobics during the first 25 minutes. Pay in advance at the Comm. Ed. office. CMS - Pool, Enter Community Ed door

Mon/Wed/Fri, Sep 11 - Dec 8 | 7 – 8 am

No swim 10/20, 11/24

Fee: $35/quarter or $2 per time

**Adult Lap Swim**

An excellent way to get your swim workout in for the day! Swim cards, used to accommodate swims, can be purchased at the Community Ed. office. Swim cards are kept in a box at the pool entrance. Check in with the lifeguard before swimming.

Instructor: Shirley VanGuilder

CMS - Pool, Enter Community Ed door

Sun, Oct 1 - Nov 19

Water Babies: 2 - 2:45 pm

Tadpoles: 3 - 3:45 pm

$50 each

Find out more information about Red Cross Swimming levels by downloading a free app. Text “SWIM” to 90999 or search “Red Cross Swim” in the Apple App Store, Google Play or Amazon Marketplace.

Register online: www.CloquetCommunityEd.com  Call us at 218-879-1261

If you have questions about aquatics classes please call Kayla at the Community Education office at (218) 879-1261 x2100 or email: kcre sap@isd94.org.

**Friday Open Swim**

The CMS Pool is open to all ages on Fridays and is lifeguard supervised. The Open Swim cashier cannot accept bills larger that $10. Checks are accepted and can be written to Cloquet Community Education.

CMS - Pool, Enter Community Ed door

Fri, Sep 15 - Dec 15 | No class: 10/20, 11/24, 12/01

6:30 - 8:30 pm

$3.50 (3 and under $2)

**Saturday Morning Adult/Youth Lap Swim**

**Pollinator Sites**

$225

**Youth Lap Swim**

Must be 10+ years old. “Anyone not swimming laps will be asked to leave. Check in with a lifeguard.

CMS - Pool, Enter Community Ed door

Sat, Sep 16 – Dec 16 | 6:30 - 8:30 pm

No swim: 10/21, 11/25

7:30 – 9 am

$2.50/time/person

**Red Pine Management for Small Sites**

$60.50

**Red Pine Management for Small Sites**

Red Pine plants need to be thinned out for their health and to produce timber. Many sites are too large for an arborist, and too small to attract a logger. Learn how to get your trees felled, forwarded, and marketed via DIY or hired-out methods. Find out about planning and funding assistance. Visit 2 sites with your own vehicle; dress for the weather and bring water bottle.

Instructor: Kelly Smith

Community Memorial Parking Lot West End

Sat, Sep 30 | 10 am – 12 pm

$10 each

$15 for a family or group of 4

**Red Pine Management for Small Sites**

Red Pine plants need to be thinned out for their health and to produce timber. Many sites are too large for an arborist, and too small to attract a logger. Learn how to get your trees felled, forwarded, and marketed via DIY or hired-out methods. Find out about planning and funding assistance. Visit 2 sites with your own vehicle; dress for the weather and bring water bottle.

Instructor: Kelly Smith

Community Memorial Parking Lot West End

Sat, Sep 30 | 10 am – 12 pm

$10 each

$15 for a family or group of 4

**Nature Classes with Kelly Smith**

**Pollinator Sites**

$15 family or group of 4

**Nature Classes with Kelly Smith**

**Pollinator Sites**

$2.50/time/person

**Need to spice up your exercise regimen? Break a sweat in the water! Join Lisa, in an exhilarating aqua aerobic toning exercise! The water will provide you great resistance and add an extra challenge to your cardiovascular workout! No swimming skills necessary.**

**Nature Classes with Kelly Smith**

**Pollinator Sites**

$15 family or group of 4

**Nature Classes with Kelly Smith**

**Pollinator Sites**

$2.50/time/person

**Nature Classes with Kelly Smith**

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$15 family or group of 4

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$2.50/time/person

**Nature Classes with Kelly Smith**

**Pollinator Sites**

$15 family or group of 4
St. Croix Paddleboat Bus Trip and Luncheon
Experience the beautiful, wild St. Croix River scenery and the fall colors while you relax and are treated to a tasty chicken buffet luncheon onboard an authentic paddlewheel river boat. Listen and learn while your river boat pilot and tour guide point out the history of the St. Croix River Valley and the unique rock formations. Cost includes comfortable coach bus travel to and from Taylors Falls, boat tour tickets, and buffet luncheon which includes chicken, mashed potatoes, coleslaw, baked beans, assorted rolls, cookies and coffee. *River boat is not handicapped accessible.
Board bus at Super One Back Parking Lot
Thu, Oct 26 | 6:30 – 8 pm | $8

Sometimes a great class or trip gets cancelled because people wait to register until the last minute. Don’t be disappointed—register today!

**Supper and a Show**
Need a gift for those who have everything? Want to make a special date night? Have friends who like to have fun together? Consider our Supper and a Show! Enjoy a scrumptious meal at Carmen’s and then a wonderful comedy, Blithe Spirit, at Encore Performing Arts Center. Receive $12 towards meal (not including alcoholic beverages) and a ticket to the play, all for $25. Support local and have a fantastic gift idea, date night and fun evening with friends while saving money.
Register by Sep 28.
Carmen’s & Encore Performing Arts Center
Sat, Oct 7 | Dinner time is on your own | Show starts at 7 pm, Doors open at 6 pm | $25

**Plymouth Playhouse Looney Luthers in Living La Vida Lutheran**
Hop on our coach bus and treat yourself to another fantastically catered meal and show at Plymouth Playhouse! The Looney Lutherans are a trio of wacky gals on tour promoting their new cookbook and “lifestyle guide”, Use Your Food. A Guide to a Healthy Holiday, from our Kitchen to Yours, Like a Lutheran! Using music, comedy, and some help from the audience, these gals share some age-old wisdom for healthy living, the Lutheran way. (But you don’t have to be Lutheran to love ’em!) Segments include the Lutherans food wheel (all roads lead to hotdish), an exercise routine, and Lutherans Beauty Tips (using items from your own kitchen you too, can be a Sexy Lutheran.) Don’t miss this show cooked up by one of the writers from the hit Church Basement Ladies’ musicals. (You don’t have to be Lutheran to love ’em!)
Register by Sep 11.
Board bus at Super One Back Parking Lot
Thu, Oct 12 | 8:30 am - 6:30 pm | $70

**Plymouth Playhouse Looney Luthers in Hold the Lutefisk**
You’d better watch out, you’d better not cry... Because the Looney Lutherans are coming (back) to town with more tips for surviving the holidays, the Lutheran way. Prepare to keep those New Year’s resolutions with exciting exercise tips (the 12 Days of Housework); learn the secrets to getting on Santa’s “nice list” (hotdish, anyone?). Whether your in-laws have overstepped their welcome, or the furnace is acting up, take a break from the stress of the season by celebrating the holidays with the Looney Lutherans. (And, of course, you don’t have to be Lutheran to love ’em.)
Register by Nov 10.
Board bus at Super One Back Parking Lot
Tue, Dec 12 | 8:30 am - 6:30 pm | $75

**Mall of America and Ikea Bus Trip**
Get your holiday shopping done early without the headache of winter driving and parking! This trip was a hit last year and a great way to share time with friends and family. Our comfy coach leaves at 8:00 am from the back of Super One parking lot, and makes stops at Ikea and at the Mall of America where you can shop 520+ stores to your heart’s content, pan for gold, enjoy a salmon buffet lunch and discover the unique rock formations. Cost includes bus, stops at Ikea and at the Mall of America, lunch at the Mall of America for $36. Call us at 218-879-1261
Register by Sep 7.

**Alaska by Land and Sea**
Learn how to see the largest state in our nation in the most efficient way that will leave you with incredible memories for years to come! Whether you have 7 nights to spare or are retired with an unlimited amount of time, join us to find out exactly how this once in a lifetime trip can be yours with a few simple steps. See where the gold rush began, pan for gold, enjoy a salmon bake, see how sea crab fishermen work, or simply stroll through the coastal towns looking for your next souvenir. This class is guaranteed to inspire you to plan the trip you’ve always dreamed of taking!
Instructor: Jennifer Maki
CMS - Media Center, Enter main doors
Tue, Oct 24 | 6:30 - 8 pm | $8

**River Cruising Throughout Europe**
Have you ever dreamed of going to Europe but don’t want the stress of planning every last detail? If you enjoy traveling with like-minded people where every detail is done for you and all you have to do is pack your bags, then you don’t want to miss this session! We will cover the itineraries that make story books come alive! In addition, we will cover the dos and don’ts of cruising, give helpful tips to make your vacation less stressful.
Instructor: Jennifer Maki
CMS - Media Center, Enter main doors
Tue, Oct 3 | 6:30 - 8 pm | $8

**Introduction to Ojibwe Language**
Would you like to learn Ojibwe language? Are you interested in the history and culture of the Ojibwe tribes of Minnesota? Whether you have some experience and background with these topics or none at all, you are welcome to join this class to get an introduction to the language and culture or brush up on your skills. Includes hands-on activities and guest speakers. You will walk away with the ability to give an introduction speech in the Ojibwe language.
Instructor: Kyra Patrick.
CHS - Room C205, Enter door #2
Tue & Thu, Sep 12 – Oct 12
6:30 - 7:30 pm | $65

**Beginning Sign Language**
Gain basic exposure to the American Sign Language (ASL) alphabet, numbers, alpha- bet, and ASL syntax. Learn how to sign basic phrases and gain understanding of the deaf culture.
Instructor: Iris Keller
CHS - Room C202, Enter door #2
Thu, Oct 5 – Nov 16
No class: 10/19
7 - 8 pm | $48

**All About Drones - NEW!**
Want to fly a drone but don’t know where to start? Learn and regulations governing Unmanned Aircraft Systems (UAS) are ever-evolving. This course taught by two experts in the field will cover the basics of operating an UAS safely, complying with state and local laws, and how to get started with your own UAS business.
Register by Sep 7.
Instructor: Adam Jagunich, Tara Kalar
CMS – Com Ed Conference Room, Enter Community Ed door
Tue, Sep 12 | 6 – 8 pm | $25

**Register online:** www.CloquetCommunityEd.com

**Register by:**
- Sep 6
- Sep 11
- Sep 7
- Sep 12
- Nov 20

**Call us at:** 218-879-1261

**CHS - Media Center, Enter door #2**

**Instructor:**
- John Cavanaugh
- Deanna Johnson
- Iris Keller
- Jennifer Maki
- John Cavanaugh
- Jeff Ross

**Register by:**
- Sep 7
- Sep 28
- Sep 11
- Sep 11
- Nov 10

**Bus Trips**

**Adult Enrichment - NEW Classes!**
Social Security - Strategies to Maximize

Social Security - Strategies to Maximize

Reviewing your benefit options can be overwhelming. Learn how to navigate your choices and ensure the decisions you make are ones you can live with.

Instructor: Mitch Haber

CMS – Comm Ed Conference Room, Enter Community Ed door
Thu, Oct 12 | 6:30 - 7:30 pm | $5

Digital Photography

Take better indoor and outdoor photos while using your digital camera. Each session will have practical hands-on lessons, including ISO, shutter speeds, aperture, white balance, metering, depth of field, and support equipment. Learn specialty shooting techniques for shooting in low light, waterfalls, silhouettes, night shots, and capturing shots of lighting and fireworks. Bring your camera, plus any manuals that came with it.

Instructor: David Kohne

CHS - Room E110, Enter door #6
6:30 - 8:30 pm
Section 1: Mon & Wed, Sep 18 - 27
Weather date Oct 2
Section 2: Tue & Thu, Nov 9 - 21
Weather date TBD
$41

Beginning and Advanced Bollywood

Bollywood, the dance form found in East Indian movies, consists of a combination of belly dance, Indian folk and classical dance, and Western styles such as jazz and modern. Bollywood movies are musicals, often incorporating romantic dance choreographies between the male and female leads. Learn a simple romantic choreography based on the movie “Student of the Year”. The Advanced class will learn the same choreography plus another more advanced dance based on Bollywood techniques.

Instructor: Deborah Weckert

CHS - Auditorium Hallway, Enter door #2
Wed, Sep 13 - Nov 15
Beginning: 6 – 7 pm
Advanced: 7 – 8 pm
$51/class

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Weather date TBD
$41

Watercolors on Canvas

Tap into your artistic side! Beginners to seasoned painters, be guided by our experienced instructor to create a beautiful seasonal watercolor on canvas painting each night. Requires no glass to frame. Canvas provided, student needs to purchase paints and brushes before class. See supply list.

Class 1: Spring - Northern Lights
Class 2: Summer-Wildflowers
Class 3: Fall-Sunset
Class 4: Winter-Birches and Icy Water. Examples of each night’s paintings are displayed in Community Ed offices. Register by Sep 25.

Instructor: Lynn Jutila

CHS – Room B235, Enter main doors
Mon, Oct 9 – Nov 6
No class: 10/16
6 - 8:30 pm
$65

Beginning Crochet: Single Stitch Dish Cloth

Have you wanted to learn a new skill? Looking for a new hobby? Why not try crochet? This class will cover the basic stitches and terms used in crochet. Handouts will be available. We will also start a cotton dishcloth in single crochet stitch. One skein of cotton yarn and an “I” hook will be supplied. Register by Sep 4.

Instructor: Amanda Sorensen

CHS - Comm Ed Conference Room, Enter Community Ed door
Mon & Thu, Sep 11 – Oct 9
6:30 – 8 pm
$35

Beginning Crochet: Double Stitch Scarf

Have you wanted to learn a new skill? Looking for a new hobby? Why not try crochet? This class will cover the basic stitches and terms used in crochet. Handouts will be available. We will also start a scarf in double crochet stitch. Please bring one skein of worsted weight yarn (Red Heart is recommended) and an “I” hook. This class is a continuation of the previous beginning crochet class.

Register by Sep 28.

Instructor: Amanda Sorensen

CHS - Comm Ed Conference Room, Enter Community Ed door
Thu, Oct 3 | 6 – 8 pm | $11

Beginning Bridge

This course is for the very beginning bridge player. Each lesson will begin with a short lecture, and then continue on playing hands related to the lecture. Some of the things we will cover are vocabulary, suit bidding, responses to opening suit bidding, the finesse, no trump bidding, overcalls and take out doubles. We will study from an elementary bridge text by Shirley Silverman. Register by Sep 4.

Instructor: Andrea Anderson

CHS - Comm Ed Conference Room, Enter Community Ed door
Tue, Sep 19 | 6 - 7:30 pm | $12

Free Classes

Hiking Mondays

Moderately paced hike for anyone who likes to walk. Distance will vary depending on weather. Water bottle and good hiking shoes/boots are recommended. Start time will vary. State park sticker is required for parking. No strollers or dogs. Questions? Call or text Debbie 218-380-1035.

Instructor: Debbie Croft

Jay Cooke St. Park Visitor Center Co Rd 210
Mon, Oct 23 - Dec 4
3 – 5 pm

Cross Country Skiing Mondays

Moderately paced for anyone who enjoys skiing. Distance will vary depending on weather. Dress for the weather and bring your own equipment and a water bottle. Start time will vary. No pets. Class is free, but please register with Community Ed. A ski pass is required, either a day pass for $6, or a year pass for $20. Questions? Call or text Debbie 218-380-1035.

Instructor: Debbie Croft

Jay Cooke St. Park Visitor Center Co Rd 210
Mon, Dec 11 – Mar 5 | 3 - 4:30 pm
Free, but a pass is required

Star Gazing Party

Free Event! Great for all ages! Join John Cavanaugh (backyard astronomer instructor) and his telescopes for a chance to look at our amazing night sky. Get your questions about astronomy answered, and see what is visible, like planets, stars, constellations. Dress for the weather, bring your own telescope if you wish, and come and go as you please. Weather makeup date: October 14.

Instructor: John Cavanaugh

Hilltop Park
Sat, Oct 7 | 7 – 9 pm | Free

Register online: www.CloquetCommunityEd.com Call us at 218-879-1261

Ballroom Dance

Join the fun! Learn four dances including cha-cha, rumba, tango, and two-step (fox trot). Relaxed and fun for all ages, singles welcome. Get two left feet? No problem! Each night will start at beginner level and progress slowly.

Instructor: Keith Miernicki

Garfield – Gym, please enter north door
tue, Sep 12 – Oct 3
7 – 8 pm | $20

Swing Dance

Want to add fun, romance, and excitement to your life while socializing and exercising? Try swing dancing! Learn the two liveliest dances on the floor. Start at beginner level and move up to intermediate and advanced dance steps. Progress to new steps and combine steps to form a short routine and different elements within the dance. Extraordinary opportunities to expand your swing dance experience if you have taken the class before or if you have enjoyed dancing for many years. Singles welcome; although availability of dancing partners is not guaranteed, most of the basic moves can be learned and practiced solo.

Instructor: Keith Miernicki

Garfield – Gym, please enter north door
tue, Oct 10 – 31
7 – 8 pm | $20

Adult and Senior Open Skate

Lace up those skates, and come on out to the Northwoods Credit Union Arena for recreational ice skating! Great way to socialize and burn 250-500 calories! Check calendar online or at arena for any date changes. No sticks or pucks.

Please call Community Ed for dates, times, and registration.

Northwoods Credit Union Arena
$3 per time or buy a punch card at arena for $50 to cover the fall season.

CMS = Cloquet Middle School

CHS = Cloquet High School

Register online: www.CloquetCommunityEd.com Call us at 218-879-1261

Retire Wisely

Confidently meet the challenges by addressing the six risks retirees face, including outliving your income and rising health care costs. Instructor is a financial consultant from Thrivent Financial.

Instructor: Mitch Haber

CMS - Comm Ed Conference Room, Enter Community Ed door
Tue, Oct 10 | 6:30 - 7:30 pm | $5

Digital Photography

Take better indoor and outdoor photos while using your digital camera. Each session will have practical hands-on lessons, including ISO, shutter speeds, aperture, white balance, metering, depth of field, and support equipment. Learn specialty shooting techniques for shooting in low light, waterfalls, silhouettes, night shots, and capturing shots of lightning and fireworks. Bring your camera, plus any manuals that came with it.

Instructor: David Kohne

CHS - Room E110, Enter door #6
6:30 - 8:30 pm
Section 1: Mon & Wed, Sep 18 - 27
Weather date Oct 2
Section 2: Tue & Thu, Nov 9 - 21
Weather date TBD
$41

New!

Beginning Crochet: Single Stitch Dish Cloth

Have you wanted to learn a new skill? Looking for a new hobby? Why not try crochet? This class will cover the basic stitches and terms used in crochet. Handouts will be available. We will also start a cotton dishcloth in single crochet stitch. One skein of cotton yarn and an “I” hook will be supplied.

Register by Sep 4.

Instructor: Andrea Anderson

CHS - Comm Ed Conference Room, Enter Community Ed door
Mon & Thu, Sep 11 – Oct 9
6:30 – 8 pm
$35

Beginning Crochet: Double Stitch Scarf

Have you wanted to learn a new skill? Looking for a new hobby? Why not try crochet? This class will cover the basic stitches and terms used in crochet. Handouts will be available. We will also start a scarf in double crochet stitch. Please bring one skein of worsted weight yarn (Red Heart is recommended) and an “I” hook. This class is a continuation of the previous beginning crochet class.

Register by Sep 28.

Instructor: Amanda Sorensen

CHS - Comm Ed Conference Room, Enter Community Ed door
Thu, Oct 3 | 6 – 8 pm | $11

Scents of the Season

Aromatherapy class.

Have you wanted to learn a new skill? Why not try aromatherapy? This class will cover the basics and terms used in aromatherapy. Handouts will be available. We will also start a candle in aromatherapy.

Register by Sep 28.

Instructor: Emma Anderson

CHS - Comm Ed Conference Room, Enter Community Ed door
Mon & Wed, Sep 18 – Oct 2
6:30 – 8 pm
$35

Adult Enrichment
Balanced Body Basics
Looking for some balance in your life? Enjoy basics in stretching, core strengthening and balance. Class is conducted with music and participants must be able to move freely from standing to the mat. Wear comfortable clothing, bring an exercise mat and 2-5 lbs. hand weights.
Instructor: Sue Erickson
Journey Church, 1400 Washington Ave.
9 – 10 am
Section 1: Mon, Sep 11 – Oct 16 | $42
Section 2: Wed, Sep 13 – Oct 18 | $42
Section 3: Mon, Oct 30 – Nov 20 | $28
Section 4: Wed, Nov 22 – Dec 21 | $28
Section 5: Mon, Dec 4 – 18 | $21
Section 6: Wed, Dec 6 – 20 | $21

Men’s Morning Basketball
Pick up basketball for adults. Newcomers welcome! Bring tennis shoes and a basketball.
Instructor: Ross Biebl
CHS - Gym, Enter door #7
Mon/Wed/Fri, Sep 6 – May 30
No basketball: 10/20, 11/22, 11/24, 12/1, 12/11, 12/12, 12/15, 12/17, 12/29, 1/1, 1/5, 1/15, 1/19, 2/19, 3/2, 3/23, 3/26, 3/30, 4/2, 5/2
6 – 7 am | Free

Washington Walking Club
Open for walkers on all school days. No walking when school is closed. Includes a half-mile walking course (no stairs). Register at Community Education office to obtain club rules, map, and membership pin.
Monday - Friday mornings, 6:30 - 7:30 am
Monday - Friday evenings, 5 – 6:30 pm
No Walking: 10/9, 10/10, 11/22, 11/23, 11/24, 11/30
No walking on 11/7 & 12/7
Washington Elementary - Hallways
Begins Wed, Sep 6 – Dec 21 | 6 – 7:30 pm
Free, but need to register

Zumba Gold
Ditch the work out and join the party! Zumba Gold fuses hypnotic Latin and hip hop rhythms with easy-to-follow moves to create a one-of-a-kind fitness program! Gold classes are designed for the active older adult population, and those who are true beginners to Zumba fitness classes. Class allows you to go at your own pace and can be modified for any age or activity level. Wear comfortable clothing and good shoes. Bring water.
Instructor: Melissa Wilson
CHS – Cafeteria, Enter door #2
5:45 – 6:30 pm
Section 1: Mon, Sep 11 – Nov 6
No class: 10/16 | $64
Section 2: Mon, Nov 13 – Dec 18
$48
Section 3: Mon, Jan 8 – Mar 19
No class: 1/15, 2/19, 5/26 | $64
Section 4: Mon, Apr 9 – May 21
$56

Core De Force Live
CORE DE FORCE LIVE is unlike any other MMA-inspired workout. You will complete exhilarating Boxing, Kickboxing, and Muay Thai combinations, mixed with fat-blasting cardio and bodyweight moves to help you zero in on stubborn belly fat and carve all-over definition. You’ll move through 3-minute “rounds” in which you’ll alternate between various fighting combinations with bodyweight moves and cardio spikes to kick your calorie burn into overdrive. No matter what your fitness level, you can punch, kick, and sweat at your own pace.
Instructor: Wendy Brenner, Michelle Brenner, Nikki Wilmes
CMAS - Cafeteria, Enter main doors
5:45 - 6:45 pm
Section 1: Mon, Sep 11 – Nov 6
No class: 10/16 | $64
Section 2: Mon, Nov 13 – Dec 18
$48
Section 3: Mon, Jan 8 – Mar 19
No class: 1/15, 2/19, 5/26 | $64
Section 4: Mon, Apr 9 – May 21
$56

Classes Offered at Park Avenue Fitness

Karate Uechi Ryu
AGES 8+. This Traditional Style is unique, formidable, practical and used as a defensive system. Its movements are of the Tiger, Dragon and Crane styles. Helps develop confidence, discipline, physical conditioning, and is extremely rewarding. Instructor: Sensei Marie Nyblom (3rd degree black belt) has taught this style since 1997 in the Cloquet area. Member of the Kenyukai USA. Uechi Ryu is pronounced: way-chee-roo. Website: http://www.uechiryum.com/Uuchi-Ryu_Minnie-sota.html
Churchill Elementary – Cafeteria, Enter door #2
6:30 – 8 pm
Section 1: Mon, Sep 11– Oct 23
Section 2: Mon, Nov 6 – Dec 18
$45/section
Register 2 students get the 3rd student free (does not need to be in the same family) ***if not in the same family please call the Community Education Office at (218)879-1261 to register.
Zumba Park Ave Fitness
Ditch the workout, join the party! ZUMBA is Latin cardio dance, infused with amazing music that makes you want to move! Torch 500-1000 calories per hour! Perfect for every age group and ability level. All you need is comfortable clothes and tennis shoes. Instructor: Julie Jacobsma
Tue & Thu | 5 – 6 pm
Section 1: Sep 5 - 28 | $40
Section 2: Oct 3 – 31 | $45
Section 3: Nov 20 – 30 | $40
No class: 11/13
Section 4: Dec 5 - 21 | $30

Karate Uechi Ryu
AGES 8+. This Traditional Style is unique, formidable, practical and used as a defensive system. Its movements are of the Tiger, Dragon and Crane styles. Helps develop confidence, discipline, physical conditioning, and is extremely rewarding. Instructor: Sensei Marie Nyblom (3rd degree black belt) has taught this style since 1997 in the Cloquet area. Member of the Kenyukai USA. Uechi Ryu is pronounced: way-chee-roo. Website: http://www.uechiryum.com/Uuchi-Ryu_Minnie-sota.html
Churchill Elementary – Cafeteria, Enter door #2
6:30 – 8 pm
Section 1: Thu, Sep 14 – Oct 26
No class 10/19
Section 2: Thu, Nov 9 – Dec 21
No class 11/23
$45/section
Register 2 students get the 3rd student free (does not need to be in the same family) ***if not in the same family please call the Community Education Office at (218)879-1261 to register.

Learn to Skate
Watch for upcoming dates online or call 879-1261 for more information.

Adult Soccer League
Pick up games done on the fly based on who arrives that evening. Examples of competition include shirt colors, or an even mix of talent or a mix of adults/kids. Anyone under 14 needs to be accompanied by an adult. All for fun!!
CHS Gym, Enter door #7
No soccer: 12/12, 12/29, 1/19, 3/2, 3/23, 3/30
Fri, Dec 8 - Apr 20 | 8 - 9 pm | Free

Register online: www.CloquetCommunityEd.com
Call us at 218-879-1261
The Cloquet Public Library:

Children’s Library

Fall Storytimes | Ages 0 - 5
Tuesdays, Sep 12 - Nov 28 | 10:15 am
Wednesdays, Sep 13 - Nov 29 | 10:15 am
For more information, call 879-1553.

Events

Books Alive!
Wonder Weaver Storyteller
Tue, Sep 19 at 10:15 am | All Ages
Learn about Indian culture, history and celebration of temporary art, or art made from chalk, sand, or rice flour.

Sand Art/Rangoli - Wed, Sep 20, 3:30-4:30 | Kids ages 6-12
In this lively program your favorite stories and characters come alive with our unique blend of storytelling.

Car Seats Available
The Cloquet Area Fire District has car seats available for people with low income at no cost. For more information call Sarah at 218-499-4258.

Looking for a Few Good People
The Operation Community Connect committee is seeking 3-4 volunteers to serve on its planning committee for this annual event in Oct. For more information please call Buhl at 218-879-1261.

Attention Life-long Learners
Join Fondo du Lac Tribal and Community College for College for Seniors, which offers cost effective programs within a supportive environment to stimulate the intellectual, emotional, and physical well-being of older adults. All classes are non-credit and there is no homework, tests, or grades to worry about. Great opportunity to learn in a fun environment along with your peers. To find out more about this program please call (218)879-0775 or visit www.fdltcc.edu.

Cloquet Community Band
Do you play a musical instrument? Or did you used to play and miss playing in a band? The Community Band is always seeking new members to join its volunteer efforts to bring live music to our area. All instruments are welcome, but we are especially seeking trombones, alto sax and French horn. Practices are Mondays at 7 pm in Cloquet. Call Carol at 879-3968 for more information.

Car Seat Safety Clinics
Have your child’s car seat inspected free of charge! Parents please bring your child(ren), car seats, and vehicle to ensure proper restraint fitting. Monthly clinics offered by the Cloquet Area Fire District (the third Tuesday of each month):
- Aug 15, 4 - 6 pm, Station #2, 2779 Big Lake Road
- Sep 12, 4 - 6 pm, Station #1, 508 Cloquet Avenue
- Oct 17, 1 - 3 pm, Station #1, 508 Cloquet Avenue
- Nov 21, 4 - 6 pm, Station #2, 2779 Big Lake Road
No Car Seat Clinic in December

Home Safety Visits
The Cloquet Area Fire District is teaming up with the American Red Cross to install FREE Smoke and Carbon Monoxide Alarms in our community! Call CAPD to schedule an installation appointment. Contact: Sarah Buhl, 218-499-4258 or email sbuhl@cloquetfireaid.com

*Supplies are limited.

Carrot and Bean Soup
Fourth Wednesday of every month. Distribution is at the Cloquet Armory: 801 Highway 33 South, Cloquet. Doors open at 10 am. Distribution begins at 10 am with last shares at 11:30 am. Cost is a donation of $20/family Volunteers are welcome. Questions? call Sheila at 218-879-3380.

AEA: Adult Education Classes
GED College Preparation and Basic Skills Refresher classes
ESL: English as a Second Language Instruction & materials are at no cost to you.
Adult Learning Center Call 1-800-662-5711 ext 6836 for class times & information
Arowhead Economic Opportunity Agency, Inc.
Summer interns Amy Campbell and Anja Maijala joined the Age to age team for intergenerational event planning and management.

Internships were funded by the Northland Foundation with the intention of involving college or recent high school grads in their communities to connect as adults and bring a fresh perspective with them. Amy and Anja worked on summer fun, inter-generational style at the Beach, Kids Corner and Reach mentoring program. At each of these sites, they planned and implemented activities that could be enjoyed by all ages. Reach offers weekly activities where mentors and mentees can enjoy a fun time getting to know each other in an affordable, relaxing atmosphere. Kids Corner connected with the community through regular visits to Sunnyside Care Center where they played bingo with their elder friends. They also planned gardening related activities in the community in conjunction with Kids Corner having its own garden plot in the new community gardens at Zion Church. Games at the Beach included friendly intergenerational bean bags and crafts.

The interns also attended various community meetings to learn how decisions are made on the local level. As the fall term began, Anja heads up to Fairbanks where she will begin college, balancing her studies with running and skiing on the school’s cross country teams. Amy will return to the country of Finland where she is working toward her master’s degree in public health. Thank you to Anja and Amy for sharing their time, energy, and ideas with the community this summer. Keep in touch!

Community & Youth Sports

Living with Diabetes Community Memorial Hospital is presenting a workshop called Living Well with Diabetes. This is a six-week program that helps people with diabetes gain the confidence and motivation to better manage the challenges of living with diabetes. The workshop is open to anyone ages 18+, living with diabetes or pre-diabetes as well as their caregivers and family members.

Tue, Sep 12 to Oct 17, 2017 | 1 - 3:30 pm Community Memorial Hospital 512 Skyline Blvd. Cloquet, MN 55720.
Cost: $20 or based on a sliding fee scale. No one will be turned away based on inability to pay.
REGISTER TODAY as spaces are limited!

Information and registration links are available to everyone. Both have qualified and experienced staff partners with Jump Start 4 Kindergarten. Both programs have a Parent Aware 4 star rating. Scholarships are available.

Two great places for year-round preschool & childcare: Looking for a quality, flexible, and convenient preschool with childcare for your child? Check out our Learning Centers! L1 Lumberjacks Learning Center at Cloquet High School and L1 Thunder Learning Center at Fond du Lac Tribal & Comm. College. Both sites are open year round.

Welcome to the Fall session! We have many fun activities for you to join. Tell a friend and sign up early. Participants are asked to bring a staff or family member if personal care assistance is needed. If attending alone, the participants should be able to function independently in a group setting, follow simple directions and communicate their needs. Community Education welcomes people of all abilities to participate in any of the activities throughout this LumberLog.

Please pre-register and pay for all activities.
▶ Look for our AWD brochures which will be mailed separately. Please call us to get your name on the mailing list: 879-1261 ask for Lisa.