



Monday	Tuesday	Wednesday	Thursday	Friday
			Whole Grain Breading 1% or Skim Milk Low Sodium, Lean Meats Reduced Fat Cheeses Zero Trans Fat Reduced Saturated Fat Products Used in Menu	1 French Bread Pizza Or Chicken Nuggets Au Gratin Veggie Variety Fruit Milk
4 Tony's 4x6 Pizza Or Mini Corn Dogs Zesty Bean Salad Tortilla Chips & Salsa Spiced Apple Slices Milk	5 Meatball Sub Or Foot Long Hot Dog Romaine Salad Blend Diced Tomatoes Diced Onions Fresh Fruit Milk	6 Chicken Gyro w/ Tzatziki Sauce Or Ham & Cheese Melt Fresh Veggie & Roasted Red Pepper Hummus Dip Fresh Fruit Milk	7 Pasta & Italian Meat Sauce w/ Garlic Bread Or Turkey & Cheese Sub Romaine Salad Blend Diced Tomatoes Fresh Fruit Milk	8 Juicy Shredded Chicken Sandwich Or Chicken Strips Emoji Silly Potatoes Variety Fruit Milk
11 Mandarin Orange Chicken Or Fish Sticks Fluffy Rice Broccoli Buds Pears Milk	12 Mozzarella Cheese Sticks w/ Marinara Sauce Or Hamburger on a Bun Romaine Salad Blend Diced Tomatoes Fresh Fruit Milk	13 Breaded Chicken Burger Or Sub Sandwich Fresh Veggie & Roasted Red Pepper Hummus Dip Fresh Fruit Milk	14 Grilled Cheese Or Corn Dog on a Stick Homemade Chicken Noodle Soup Romaine Salad Blend Diced Tomatoes Fresh Fruit Milk	15 Brunch For Lunch French Toast Or Colby Cheese Omelet Sausage Links/Diced Ham Baja Roasted Veggie Orange Juice Cup Variety Fruit Milk
18 NO SCHOOL STUDENTS / STAFF  President's Day	19 Cheese Bread w/ Dunker Sauce Or Hot Dog on a Bun Romaine Salad Blend Diced Tomatoes Fresh Fruit Milk	20 Tasty Pulled Pork Sandwich Or Chicken Nuggets Deluxe Baked Beans Creamy Coleslaw Fresh Fruit Milk	21 Pasta & Chicken Alfredo Sauce w/ Fresh Bread Stick Or Turkey & Cheese Sub Romaine Salad Blend Diced Tomatoes Fresh Fruit Milk	22 Egg Rolls Or Shrimp Poppers String Cheese Imperial Blend Veggie Fluffy Rice Variety Fruit Milk
25 Stuffed Crust Pizza Or Fish Nuggets Deluxe Baked Beans Corn Chips Applesauce Milk	26 Tacos in a Bag Or Hamburger on a Bun Shredded Lettuce Diced Tomatoes Fresh Fruit Milk	27 Grilled Chicken Burger Or Roast Beef & Cheese Melt Hash Brown Rounds Caesar Salad Variety Fruit Milk	28 Turkey Gravy Or Baked Ham Mashed Potatoes Whole Kernel Corn Whole Grain Dinner Roll Cranberries Milk	

BREAKFAST MENU: (WAS,CHU,CMS)

Monday: Hard Cooked Egg, Muffin, 4oz. Orange Juice, Fruit, Milk Choice
Tuesday: Assorted Cereal, Bagel, 4oz Juice, Fresh Fruit, Milk Choice
Wednesday: Donut or Cinnamon Roll, Fruit Cup, 4oz. Orange Juice, Milk
Thursday: Cereal Bar, Yogurt Cup, 4oz. Apple Juice, Fruit, Milk Choice
Friday: Assorted Cereal, Graham Crackers, 4oz. Orange Juice, Fruit, Milk

Breakfast Prices

STUDENTS \$1.70
 REDUCED: Free
 ADULTS: \$2.75
 MILK: \$0.50
CHS STUDENTS
 \$1.80

Lunch Prices

WAS/CHU: \$2.60
 CMS: \$2.80
 CHS: \$2.90
 REDUCED: Free
 ADULTS: \$4.00
 MILK: \$0.50

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