



Cloquet Public Schools Healthy Snack Ideas

Orange wedges

Apple slices

Apple sauce

Strawberries

Blueberries

Melon

Grapes

Dried fruits (raisins, apricots, prunes)

Trail mix

Graham crackers

Whole grain crackers

String cheese

Cheese sticks/slices

Yogurt

Gogurt (freeze it)

Air popped popcorn

Pretzels

Whole grain cereal in a baggie

Fresh Veggies - with low fat dip

Carrots

Cucumber

Celery with cheese spread

Sweet peppers

Posted on our website at:

www.isd94.org