Due to COVID-19, Community Education classes and activities may be canceled at any time. All rules for masks and social distancing must be followed to participate in a class or activity.

We are seeking instructors who would like to teach Adult Enrichment classes using zoom or other online format. Call 218-879-1261.
Register online: www.CloquetCommunityEd.com

Community Ed Office Phone: 218-879-1261
Email: commed@isd94.org
Website: CloquetCommunityEd.com
School Year Hours: Mon - Fri, 8 am - 4:30 pm
Summer Hours: Mon - Thu, 8 am - 4:30 pm

Office is closed: Sept 7, Oct 15-16, Nov 26-27

Office Location: Our office is located in the Cloquet Middle School, 2001 Washington Avenue. Enter door #2.

CMS = Cloquet Middle School: 2001 Washington Avenue
CHS = Cloquet High School: 1000 - 18th Street
Churchill Elementary: 515 Granite Street
Washington Elementary: 801 - 12th Street
Garfield Administration: 302 - 14th Street
Early Ed Wing: 602 Arthur Street

Registration Information

• Instructors are not authorized to accept registrations or payments at class. 
  You MUST pre-register and pay.
• Each class has a minimum and maximum enrollment. Classes will be 
  cancelled if the minimum enrollment is not met. Register early.
• If you provide us your email address, we can send you a registration 
  confirmation; otherwise no confirmations are sent.
• If a class is full you may join the waiting list. If an opening comes up, we will 
  call to fill from the wait list in the order received.
• Cancellations and Refunds:
  ~ No refunds will be issued for bus trips after the deadline to register date has 
    passed, but we may have people on the waiting list or you may find someone 
    who could take your place.
  ~ Cancellations must be made at least 2 business days prior to first class. $3 
    cancellation fee. Contact Community Ed for refunds in special circumstances.
  ~ Registrants contacted if a class is cancelled or filled. Weather cancellations: 
    If school is cancelled, Comm Ed. offerings are also cancelled. Cancellations due 
    to bad weather announced on WKLK 96.5 FM, 1230 Am.
• We take photographs which may be used in our marketing materials. 
  Please notify us in writing if you do not wish to have photos in print and 
  web promotions. Such photographs may be used by Cloquet Community Ed. 
  without an obligation to provide compensation.
• For bus trips, anyone of high school age or younger must be accompanied by 
  an adult(an adult is considered anyone 18 years and older AND has graduated 
  high school).

We apologize in advance for any errors in class descriptions, 
including price. We reserve the right to amend class information. 
If you see a discrepancy, please call to get the correct information.

The LumberLog is printed three times per year: August, December, & April.

Find out what's happening at 
Cloquet Community Education - 
"Like" us on Facebook!
A Summer to Remember

As it always does, the summer is slipping past quickly! What an unusual and unique summer it has been.

The Beach at Pinehurst, which is typically a hub of activity and fun, has been closed. I have missed the excitement of kids playing in the sand and water. On hot days, I often took a turn at the water slide, hosing down the sheet of plastic for kids enjoying the thrill of a ride down the hill. Or, I’d help the Age to Age interns at the Friday craft table as kids painted rocks or covered them in glue and sparkly plastic gems.

The Beach has been missed by many, and its closure serves as a reminder of the central role it plays in the summer schedule of local families. Hopes are high for a hot, dry summer next year for some Beach fun. In lieu of playing at the Beach or attending the usual youth sports or city activities, it seems that more families have been out and about on walks or bike rides. This has been fun to see and adds to a sense of community.

No doubt we will all remember this summer. Over the next several months, as we see some of the old routine return, I am hoping we can hang on to the idea of old fashioned family fun. Keep the quality time going with visits to local parks, bike rides on a trail, backyard picnics, and next summer, fun times at the Beach!

Ruth Reeves, Community Ed Director

Facility and Park Reservations

Reservation forms can be filled out online for school facilities or city parks and the Cloquet Senior Center. You can check the Facility Calendar and then click on the Facility Request Page at CloquetCommunityEd.com to reserve space for your next event.

Online registration is open. We accept Visa and MasterCard. CloquetCommunityEd.com

There will be a 2.59% transaction fee automatically charged each time you register and pay for a class using a credit or debit card.
Time for Tots Registration for Fall 2020

Registration is open at CloquetCommunityEd.com or in the ECFE/TFT’s office.
$45 registration fee (non-refundable and in addition to class fee)

- Classes start the week of September 21, 2020.
- 36 months to Pre-K and potty trained by September 1, 2020.
- Free or reduced rates available with proof of income.
- Monthly payments accepted.
- Four year old priority for 3 day class.
- Classes fill fast - waiting lists are available for any filled class.
- Minnesota law requires that children entering any Minnesota school must have up-to-date immunizations.
- Classes are offered during the school year. Registration is ongoing.

Classes start the week of September 21, 2020.

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Classes are offered during the school year. Registration is ongoing.

Call 879-9291 for more information.

Due to Covid 19 preparations and our desire to have a healthy environment for our families, we have made some changes. We will be following safety precautions put in place by the MDE & MDH and we have reduced our class sizes. Distance learning packets are available for a fee please call for more information.

Time for Tots/School Readiness:

*3 Year Old Class: $45.18/month (8 months)
  Tues/Thur/Fri | 9 am - 12 pm
  (3 sessions - each meet only 1 time per week)

*4 year Old Class: $81.38/month (8 months)
  Mon, Tues, & select Wednesdays
  Session 1: 8:30 am - 12:30 pm
  Session 2: 8:45 am - 12:45 pm
  Thur, Fri, & select Wednesdays
  Session 3: 8:30 am - 12:30 pm
  Session 4: 8:45 am - 12:45 pm

Early Childhood Screening
Next Screening dates will be September 1, 2 & 3
In order for your child to enter Kindergarten, the state requires an Early Childhood Screening (between their 3rd and 4th birthday is the ideal age).

For more information please call 879-9291 or stop in the office at 602 Arthur Street.

“Like” Cloquet ECFE and TOTs on Facebook to keep up with what’s happening!

Two great places for year-round preschool & childcare:

Looking for a quality, flexible, and convenient childcare for your child?

Check out our Learning Centers!
Li’l Lumberjacks Learning Center at Cloquet High School and Li’l Thunder Learning Center at Fond du Lac Tribal & Comm. College
Both sites are open year round.

Visit the Community Ed website for more details.

For ages 16 mos-Pre-K
For ages 6 weeks-Pre-K

Both programs are run by Cloquet Community Ed & Rec and are available to everyone. Both have qualified and experienced staff with Early Childhood Education training and ongoing education. Licensed by the MN Dept. of Human Services and the MN Dept. of Health. Partnership with Jump Start 4 Kindergarten.

Both programs have a Parent Aware 4 star rating. Scholarships are available.

Childcare for students in grades K-4
Our experienced staff is here to help kids learn & grow.

Sites:
- Churchill school: Monday - Friday, 6 am - 6 pm, on school days.
- Zion site, 1000 Washington Avenue, lower level (for Washington students): Before school care, 6 - 8 am, and after school care, 3 - 6 pm. Open non-school days, 6 am - 6 pm.

Cost: $3.75/hour.
Registration fee is $40 per family.

Kinder Corner: 3 & 4 year olds accepted if they are registered in Time for Tots. Kinder Corner is located in the ECFE wing at Churchill School.

*Kids Corner serves Cloquet students only.

Questions: Call Colombe at 879-0929
Email: kidscorner@isd94.org
Cloquet ISD 94/Cloquet Community Education
What happens in an Early Childhood Family Education class?

1. Parent and child interaction time: A licensed early childhood teacher & assistant provide developmentally appropriate activities for parents and children to enjoy together.

2. Child time: A time devoted to learning through play and activities with licensed teachers and assistants while parents participate in a parent discussion in a separate room.

3. Parent Time: Parents or caregivers participate in a discussion led by a licensed parent educator. Joys and challenges of parenting are shared and topic discussions are designed to address the developmental issues of each age group.

Every Child Counts ...

Counting every child 0-5 in the Cloquet School District.
► Recently moved into our district?
► New birth or new family member 0 - 5?
► New phone number or address?

Please call 879-9291
or fill out the online form at CloquetCommunityEd.com

Families on the census receive valuable information regarding screening, district services, and Kindergarten Round-up.

Preschool helps children develop learning readiness skills so they will have the confidence and social abilities to become successful learners. Preschool classrooms and activities are designed to provide a variety of fun and meaningful hands-on learning experiences. Teachers focus on meeting children's individual and developing needs.

Me & My Guy Pumpkin Night
(location TBD)
Thu, Oct 22 | 6-7:30pm | $20
30 months - Pre-K
Pre-registration required
(space limited)
Special activities for girls and boys and their special guy (Dad, Grandpa, Uncle, Friend, etc.).

ECFE Registration: Sign up now for Fall 2020!

Classes are ongoing during the school year—you may join at any time.
$25 registration fee (registration fee non-refundable and in addition to class fee)
Classes are located at: Churchill Early Ed Wing, 602 Arthur St.
Register online at CloquetCommunityEd.com. You can also call 879-9291 to register, or in the ECFE/TFT office.

- Registration fee (non-refundable and in addition to class fee)
- Classes start the week of September 21, 2020.
- Please use your child's age as of September 1, 2020.
- Waiting lists are available for filled classes.
- Minnesota law requires that children entering any Minnesota school must have up-to-date immunizations.
- Free or reduced rates available with proof of income.
- Monthly payments are accepted.

Questions?
Please call 218-879-9291.

Wonderful Ones (3 sessions)
10 - 18 months
Tuesday, 12:30 - 1:30 pm
Wednesday, 11 am - 12 pm
Thursday, 12:30 - 1:30 pm
$26.81/month (8 months)

Amazing Twos (2 sessions)
19 - 29 months
Monday, 11 am - 12:30 pm
Friday, 11 am - 12:30 pm
$26.81/month (8 months)

Creative Kids (4 sessions)
30+ months
Parents attend with child.
Monday, 9 - 10:30 am
(every other week)
Wednesday, 9 - 10:30 am
(every other week)
$13.40/month (8 months)

Due to Covid precautions, we will not be offering the following classes this school year.
- Baby & You
- Grandparent Class
- Creative Kids Plus
- Mixed Ages Night Class

Love and Logic
Early Childhood Made Fun™
Mondays, Oct 26 - Nov 30 | 5:30 – 7:30 pm
Instructor: Ginny Korte-Castle
Churchill Early Childhood Wing
602 Arthur St
For Parents & Caregivers of 3 years - 2nd grade children (Light snack provided.)
This class is for adults — limited spots available for childcare.
Register by October 19 (space limited).
Class will be cancelled after November 6 due to low enrollment.
Childcare: $2 per child per week, includes snack
Call 879-9291 to register or online at CloquetCommunityEd.com

- Handle Misbehavior without Breaking a Sweat!
- Put an End to Whining and Arguing
- Choosing Appropriate Consequences
- Teaching Kids to Listen—The 1st Time!
- Why Limits are Important
- When Your Kids Leave You Speechless
- Create Happier Households!
- Ending Bedtime Battles

Call us at 218-879-1261
Aquatics

Red Cross Swimming Lessons
Sponsored by Northland Chapter of The American Red Cross, Cloquet Community Ed, and the City of Cloquet.

Water Babies through Level 6

| American Red Cross | Cloquet residents: $53 | Non-Cloquet residents: $61 |

Max Students: 8 (Levels 2-6)
6 (Water Whales & Level 1)

See online for dates and times
Lessons held at the Pool in the Cloquet Middle School, located at 2001 Washington Ave., Enter door #2

Safety Day is no longer the first day of class. We will cover our Safety Topics for about 2-5 minutes at the beginning of each lesson.

Swim Level Descriptions

Water Babies (Parent and Child Aquatics Level 1):
Ages 6 months - 2 years. Familiarize participants with the water and teach swimming readiness skills. Provide safety information for parents and teach techniques parents can use to orient their children to the water

Tadpoles (Parent and Child Aquatics Level 2): Ages 2 to 4
Builds on skills learned in Parent and Child Level 1

Water Whales (Preschool Aquatics Level 1) - Ages 4 to 6
Water adjustment, floating, entry, movement, safety, and listening skills.

Jellyfish (Preschool Aquatics Level 2) - Ages 4 to 6
Recommended for students who have passed Water Whales, but are not 6 years old. Build on and improve skills learned in Preschool Aquatics Level 1.

Level 1 - Introduction to Water Skills (Ages 6+)
Purpose: Helps students feel comfortable in the water.

Level 2 - Fundamental Aquatic Skills
Purpose: Gives students success with fundamental skills.

Level 3 - Stroke Development
Purpose: Builds on the skills in Level 2 through additional guided practice.

Level 4 - Stroke Improvement
Purpose: Develops confidence in the skills learned and improves other aquatic skills.

Level 5 - Stroke Refinement
Refines skills learned in Level 4. Swim distances and stroke knowledge are increased.

Private/Semi Private Lessons
Is your child afraid of the water? Try our private swimming lessons. Child meets one-on-one in the Middle School Pool with a Red Cross-certified instructor who works with your child at his/her own level. Siblings should be at equal or similar swim level. Bring swimsuit and towel. Look online for times/dates. Two options:
- Two lessons: $35 individual or $55 for 2 family members
- Four lessons: $70 individual or $110 for 2 family members

See online for dates and times.

Adult Lap Swim
Mornings An excellent way to get your swim workout in for the day! Lap swimming. Swim cards, used to accommodate swims, can be purchased at the Community Ed. office. Swim cards are kept in a box at the pool entrance. Check in with the lifeguard before swimming.

See online for dates and times.

Senior Swim
Residents 55 and over.
Three mornings per week.
Qualified lifeguard or chaperone always present.

See online for dates and times.

Friday Family Swim
The Cloquet Middle School Pool is open to all ages on Fridays and is lifeguard supervised. Coming soon! See online for updates. Preregistration is required. (limited capacity)

1. No children under the age of 14 will be admitted unless accompanied by an adult.
2. Children under age of 6 must be accompanied by an adult while in the water.
3. Diving board will be open if we have a 3rd lifeguard on duty.
4. Safety Break at 7:45pm (or when necessary).

Fridays 7 - 8:30 pm
CMS - Pool, Enter door #2
$3.50 per person (3 and under FREE)

Register online: www.CloquetCommunityEd.com
WSI Course (Water Safety Instructor)

Want to teach swim lessons?! Sign up for this course! This class trains candidates to teach Red Cross swimming and water safety programs. Must be 16 years old. Pre-course test includes: 25 yds swim of front crawl, back crawl, breast stroke, ele. back stroke, side stroke, 15 yds butterfly, 1 min. back float and 1 min. tread water (level 4). Swim test first class. This course is a blended learning course. It combines online learning with onsite sessions conducted by a Red Cross-certified instructor. Bring suit, whistle, and lunch/beverages.

See online for dates and times.

American Red Cross Blended Lifeguard Certification Course

Blended learning combines online learning with in-person skills sessions where you will practice skills and demonstrate competency. Please plan to complete the initial eLearning lessons of your training at least two days prior to your first on-site skills session. American Red Cross Lifeguard Manual not included in FEE*. Must be 15 by the last day of the class. Pre-requisite skills will be tested on the first day of the class.

CMS Pool
Mon, Sept 14, 21, 28 | 6:30 - 8:30 pm
Sat, Sept 19, 26 | 8 am - 4:30 pm | $200
Cloquet Comm Ed hire only $75

If you have questions about aquatics classes, please call Kayla at the Community Education office at (218) 879-1261 or email: KCotner@isd94.org.

Beginning Birdwatching Walkabout

Enjoy a stroll from the Spafford Park lot (by Voyageur statue) across the St. Louis River walking bridge and around the forested gravel pathway. Learn the basics of birding during a walk and talk. We will cover basic viewing equipment, field guides, apps, and online sites. We will also discuss where to look for birds and keys to identification. This is designed for beginning or wannabe birders. Come dressed to be outdoors, wear good walking shoes, bring binoculars, notebook, pen and mask. Age 16 and under need parent or guardian to attend with them. Weather makeup date is Sept. 29. If there is severe weather, Comm. Ed will notify registrants.

Instructors: Keith and Ruth Reeves
Spafford Park Lot
Tue, Sept 22 | 5 - 6:15 pm
Couple Discount - $15
Single - $10

The ABCs and Ds of Medicare

Take the mystery out of Medicare and gain a foundational understanding one letter at a time. Instructor is an experienced licensed agent. Ample time allowed for questions. Enter door 2. Online Zoom option if needed.

Instructor: Celeste Plunkett
CMS - Comm Ed Conference Room
Thur, Sept 24 | 5:30 - 7 pm | $5
Thur, Nov 5 | 5:30 - 7 pm | $5

Estate Strategy Basics

Speak for yourself now. Devise an estate plan that makes things easier for your family. Enter door #2. ZOOM option if needed.

Instructor: Jeff Hakala
CMS - Comm Ed Conference Room
Tue, Oct 27 | 6 - 7 pm | $5

Will Your Taxes Affect Your Retirement?

Learn strategies to help you work toward a lower tax bracket in retirement. Enter door #2. ZOOM option if needed.

Instructor: Jeff Hakala
CMS - Comm Ed Conference Room
Tu, Nov 17 | 6 - 7 pm | $5

5 Ways to Navigate Market Fluctuation

How should you respond to market volatility? This workshop can help provide steadfast guidance to investors at any stage of the journey. Enter door # 2. Zoom option if needed.

Instructor: Jeff Hakala
CMS - Comm Ed Conference Room
Tue, Sept 29 | 6 - 7 pm | $5

CMS = Cloquet Middle School, 2001 Washington Ave
After School Youth Enrichment is a fee-supported program based off student needs, interests and wants. The goal of Youth Enrichment is to provide opportunities for youth to pursue interests while expanding abilities and improving social skills in an informal, fun, safe and supervised environment.

Cloquet Community Education provides a wide range of activities to keep children active and engaged.

Recreation

Hatha Flow Yoga
Sustained and flowing yoga postures designed to promote strength, flexibility, body alignment, and stress reduction. Beginners are welcome, but be prepared for a challenging workout! Bring a yoga mat, blanket optional.

Instructor: Melissa Nick
CHS Media Center - Enter door #2

Mon, Sept 14 - Nov 9 | 6 - 7:15 pm | $64
No class: 10/5

PiYO Live
PiYO Live = Pilates + Yoga + Nonstop Movement. Sweat, stretch and strengthen in this unique workout. Using only your bodyweight, you’ll perform a series of low-impact, high-intensity Pilates and Yoga inspired moves to work every single muscle in your body. The result? A long, lean and incredibly defined physique. Please bring a mat, towel, and water.

Instructors: Wendy Benson, Michelle Brenner
CMS Cafeteria - Enter door #1

Wed & Sat, Sept 9 - Oct 3 | 5:45 - 6:45 pm | $50
Sat, Sept 12 - Oct 3 | 8 - 9 am | $30
Wed, Oct 7-28 | 5:45 - 6:45 pm | $30
Wed & Sat, Oct 7-31 | 5:45 - 6:45 pm | $50
Sat, Oct 10-31 | 8 - 9 am | $30
Wed, Nov 4-25 | 5:45 - 6:45 pm | $30
Wed & Sat, Nov 4-28 | 5:45 - 6:45 pm | $50
Sat, Nov 7-28 | 8 - 9 am | $30
Wed, Dec 2-30 | 5:45 - 6:45 pm | $30
No class 12/23

Wed & Sat, Dec 2 - Jan 2 | 5:45 - 6:45 pm | $50
Sat, Dec 5 - Jan 2 | 8 - 9 am | $30
No class Sat 12/26
We also have a drop-in rate: $8/night

Soma Yoga ONLINE
ONLINE SomaYoga Sessions These classes are designed to help you release stress and reconnect to your body-mind-spirit self, your ever-changing, and (with practice) ever-improving SOMA. We’ll spend a good deal of time exploring the breath, and practice easy, gentle somayoga movement patterns. You’ll learn how to reset your central nervous system, unwind chronic tension held in your muscles, and improve the function in your spine, hips, and shoulders. To keep everyone safe, these classes will be held via ZOOM. All you’ll need to do is set up a free account at zoom.us. You’ll then receive an email each Thursday with a link and password to join the class.

Instructors: Wyan McCausland

Thursdays | 5:30 - 6:45 pm | $55/session
Session 1: Sept 17 – Oct 29
No class: 10/15
Session 2: Nov 5 – Dec 17
No class: 11/26

Washington Walking Club
Postponed until further notice
Open for walkers on all school days
Free, but need to register.
No strollers allowed.

We are looking for youth baton lesson instructors for our Cloquet Little Twirlers. Please contact Joy if interested. 879-1261 x 7007 or jnelson1@isd94.org

Recreation programs are financially supported by the City of Cloquet and Cloquet Community Ed.

Churchill, Washington and Cloquet Middle School program days will vary throughout the year. Check the website for class offerings. Online registration is preferred. Flyers are sent home with K-4 students and available for 5-8 grade students to pick up in the Community Ed office.

For more information or to register for classes, visit www.CloquetCommunityEd.com or contact Linnea Barto.

Thank you to the Cloquet Educational Foundation for its generous grant towards student scholarships for Community Education classes and activities.
Community Boot Camp
Get fit! Please join us in a relaxed atmosphere to work out at your own fitness level. Bring hand weights, floor mat, a water bottle and any exercises you would like to share (if not, we have plenty to offer). We would love to have you join us!
$1 per time pay at the door
CHS Cafeteria
M, Th, Sept 3 – Dec 21 | 5:45 - 6:45 pm
No class: 09/07, 10/15, 11/26

Bike Maintenance
Learn how to perform preventive maintenance on your bike and how to do some simple repairs in a supportive environment. This class will be a mix of hands on and demonstration. The instructor will go through procedures and then guide you through while you get a chance to try it yourself. The instructor will provide tools and materials needed for this class. (any needed parts will have to be purchased on your own.) You are encouraged to bring your own bike so you can get it in tip top shape and keep it that way. Wear old clothes that you can get dirty.
Instructor: John Cavannaugh
CMS - B236 Industrial Tech (subject to change)
Tue/Thur, Oct 6 & 8 | 7 - 9 pm | $15

Introduction to Geocaching - online course
Prerecorded class that can be viewed at any time. Come learn about the real-world, outdoor treasure hunt called geocaching. This family-orientated game combines technology with the great outdoors. The first video of the class will cover the basics of how to geocache. Additional videos cover non-traditional caches, discovering and moving travel bugs, and hiding geocaches. Geared toward geocaching in our local area. Excellent family activity that can be done while social distancing. Held in conjunction with Duluth Community Education.
Instructor: Erin Bates
Anytime thru Dec 21 | $5

Karate Uechi Ryu (for former students only)
No new students accepted at this time. See registration page for details on COVID guidelines.
Uechi Ryu Karate This Traditional Style is unique, formidable, practical and used as a defensive system. Its movements are of the Tiger, Dragon and Crane. Helps develop confidence, discipline, physical conditioning, and is extremely rewarding. AGES: 8 and up. Register 2 students, get 3rd free (does not need to be in the same family) *If not in the same family please call the Community Education Office to register 218-879-1261.
Web site: www.uechiryukaratemn.com
Instructor: Marie Nyblom
Session 1:
Mon, Aug 31 - Oct 19
No class: 09/07
Session 2:
Mon, Nov 2 - Dec 14
BEGINNER: 6 - 7 pm
ADVANCED: 7:15 - 8:15 pm
$45/session Register 2 get 1 free - $90 for 3

Yoga Flow Zoom (ONLINE)
A yoga class designed to link breath and movement as we build strength and flexibility in the body. We use breath work and internal focus to bring calm and awareness to the mind. We will work through seated and standing postures. As well as, introduce ways to use objects at home for props to assist you in poses. This class will teach you basics and help you cultivate a yoga practice you can do anytime at home.
Instructor: Katie Swanson
Tuesdays 6 - 7:15 pm
Session 1: Aug 25 - Sept 29
Session 2: Oct 6 - Nov 10
Session 3: Nov 17 - Dec 22
$25/session

Bentleyville Tour of Lights Bus Trip
Enjoy a Bentleyville Tour of Lights Bus Trip! Twinkling holiday lights and the smiles of your grandkids. Join us as we travel by comfortable coach bus to the world famous Bentleyville Tour of Lights in Duluth. You’ll view thousands of lights that add magic to the season. AGE to age is all about enjoying events like these with someone from another generation. So grab your grandkids or grandparents and join the fun! Remember to dress warm! Children up to 17 years of age must be accompanied by an adult. Pre-registration is a must and seats are limited. NOTICE: All participants MUST be preregistered. COVID requirements will apply and you will receive information in advance. This event may be cancelled or modified, and any preregistrants will be notified. No dinner this year due to COVID restrictions. Bus picks up at 6 pm and drops off by 8:30 pm behind Super One store in Cloquet. Thank you, Northland Foundation, for sponsoring this evening.
Super One BACK Parking Lot
Thur, Dec 10 | 6 - 8:30 pm | FREE

Call us at 218-879-1261
Health and Safety

MN Highway Safety & Research Center’s 55 Driver Improvement Program Refresher

This 4 hour refresher course is designed for individuals who have completed any 8 hour certified Senior Driving Course but are now due for their 3 year renewal course in order to maintain the 10% Auto insurance discount. Please see website for map or call our office for directions. If paying by check, please make it out to Cloquet Community Ed prior to class.

Instructor: John Cavanaugh
Carlton County Transportation
Session 1: Wed, Oct 7 | 1 - 5 pm
Session 2: Tue, Oct 20 | 1 - 5 pm
Session 3: Tue, Nov 24 | 1 - 5 pm
$22/session

MN Highway Safety & Research Center’s 55 Driver Improvement 8 hour Class

For drivers age 55+. Completion of class earns a 10% discount on insurance. Senior drivers will learn about recent law changes, review driving safety, discuss dangerous situations etc. class consists of lecture, videos and discussion. No driving and no tests. Bring pen or pencil to class.

If paying by check, please make it out to Cloquet Community Ed prior to class.

Instructor: John Cavanaugh
Carlton County Transportation
Tue/Wed, Sept 8-9 | 5 - 9 pm | $26

American Safety & Health Institute (ASHI) CPR and AED for the lay person

American Safety & Health Institute (ASHI) CPR and AED for the lay person. The class will be held at CAFD Headquarters training room, 2801 Dewey Ave, in the Scanlon Community Center. Certified Card and student handbook are included. The instructor will be a Paramedic from the Cloquet Area Fire District.

Cloquet Fire Dept (Scanlon)
Wed, Nov 18 | 6 - 9 pm | $50

Pet CPR and First Aid Certification Course Virtual ZOOM

This course teaches first aid techniques to address the most common emergencies that can occur with small and large dogs as well as cats in a virtual, interactive classroom setting. This course will train you to notice abnormalities and detect early warning signs in pets. You will also learn essential pre-vet care and life saving techniques for those times when immediate action can make all the difference. The course was developed by Doctor of Veterinary Medicine Bobbi Conner, a specialist in small animal emergency & critical care, and taught by Red Cape CPR Training in a virtual classroom setting.

*Including your pets in class is highly encouraged. Upon successful completion, gain a 2-year certification through this Pro Pet Hero course. Please provide email address as class materials will be sent electronically before class.

Instructor: Christopher Otto
Sat, Nov 28 | 10 am - 2:30 pm | $72

Classroom Instruction

30 hour classroom instruction required to take permit test. Must be 15 by 60 days after the first day of class.

Bring: notebook, pencil, highlighter.

Must attend 30 hours of class. A make-up date will be determined if needed.

Students will gain knowledge and attitudes that will help transfer to behind the wheel application. Fulfills classroom requirement to enable students to take their drivers permit test.*

Students will be exposed to required curriculum areas through instructor presentations, classroom activities, videos, handouts, study of the Minnesota Drivers Manual, etc.* Students should bring a notebook, pen or pencil and highlighter to class.*

On the last day of class your student will be given a Classroom Completion Certificate if they have perfect attendance. Present your Certificate (signed by your classroom instructor) to either Cloquet Comm. Ed. or a private company to enroll in BTW training and receive your BLUE CARD.

After completing class, students may register for BTW ($305, check or credit card) at the Com Ed office in the Middle School to receive their blue card needed to take permit test.

Instructor: Dave Esse
Location: TBD *We are unsure if this class will be on site or distance learning. We will not know this for certain until October.

Sun/Wed | 5:45-8:45 p.m. | $100
Nov. 1, 4, 8, 11, 15, 18, 22, 29 Dec. 2, 6 Skip Date: Nov 25
Two makeup days will be offered if needed. The days will be set by the instructor once class begins.

There will be a 2.59% transaction fee automatically charged each time you register and pay for a class using a credit or debit card.
Call us at 218-879-1261

### Cloquet Community Education & Recreation Registration Form

#### Adult Contact Information

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<thead>
<tr>
<th>Age (19-54)</th>
<th>Age (55+)</th>
<th>Fall 2020</th>
</tr>
</thead>
</table>

- **Name:** ________________________________
- **Phone:** ________________________________
- **Address:** ________________________________
- **Zip:** ________________________________
- **City:** ________________________________
- **Cell:** (______)__________________________
- **Work:** ________________________________
- **My Child attends:** Churchill or Washington

#### Classes and Activities:

<table>
<thead>
<tr>
<th>Participant Name</th>
<th>Class Title</th>
<th>Start Date</th>
<th>Class Fee</th>
</tr>
</thead>
</table>

- **Total of all class fees:** ________________________________

#### For All Registrations

- Please list any medical concerns, special needs or allergies that Community Education should be aware of.

- **Participant Name and Concern:** ________________________________

#### Payment Information

- **I am paying by:** ________________________________
  - [ ] Cash
  - [ ] Check
  - [ ] Charge my credit card (2.59% fee applies):
    - [ ] VISA
    - [ ] MasterCard

- **Name as written on card:** ________________________________
- **Card Number:** ________________________________
- **Exp. Date:** ________________________________

- **Signature:** ________________________________

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Please mail or return this form to: Cloquet Community Education & Recreation, 2001 Washington Ave., Cloquet, MN 55720

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### Registration

If you are a Cloquet student and qualify for free or reduced lunch: Youth may participate in an After School Enrichment activity for half price. Maximum of $15 off per child per year.

**Scholarships provided by:**
- Cloquet Educational Foundation
- Cloquet Community Education

Send coupon with registration.

### Registration Instructions

- Instructors are not authorized to accept registrations at class.
- If we have your email address, you will receive registration confirmation via email.
- Cancellations:
  - No refunds will be issued for bus trips after the deadline to register date has passed, but we may have people on the waiting list or you may find someone who could take your place.
  - Cancellations must be made at least 2 business days prior to first class. $3 cancellation fee. Contact Community Ed for refunds in special circumstances.
  - Registrants contacted if a class is cancelled or filled.
- If school is cancelled, Comm. Ed. offerings are also cancelled. Cancellations due to bad weather announced on WKLK 96.5 FM, 1230 AM.
- Contact Community Ed if you are attending an adult class and have special needs.
- Community Ed. reserves the right to cancel offerings due to low enrollment.
- There is a 2.59% transaction fee automatically charged each time you register and pay for a class using a credit or debit card.

See page 2 for more information.

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You must be registered and paid before the class begins.

- **You CANNOT PAY AT CLASS.**

### Four easy ways to register:

- **Online:** CloquetCommunityEd.com
- **Call:** 218-879-1261 (with VISA or MasterCard)
- **Mail:** 2001 Washington Ave., Cloquet MN 55720
- **Drop off:** at office (Comm. Ed office is located at the Cloquet Middle School)
1,000 Books Before Kindergarten Program  
September 1, 2020 – ongoing  
A year-round reading program designed to help caregivers prepare their children for school. Get started by registering for the Beanstack 1,000 Books program to log each book you read with your child. There is a link to the Beanstack page on our website www.cloquetlibrary.org (218) 879-1531  
October 21 • 6:30pm  
Visiting the Beyond presented by Curt Strutz  
Zoom presentation: go on a tour through some of the nation’s most haunted locations. This presentation is a fun mix of history, photography, storytelling, and humor  
October - Color Your Yard Wildlife Feeder Take and Make Kit  
April & Reggie Fountain will offer a video showing the steps to make a colorful feeder, and people can pick up the kit at the library; this is a great project for families; only 30 kits available  

Crafter’s Overstock Supply Sale and Fundraiser  
Saturday, Oct. 31 | 9 am - 2 pm  
Call for updates in case we need to reschedule.  
Our Savior’s Lutheran Church  
615 12th Street | Cloquet  
Proceeds go to support the Cloquet Schools Back Pack Food Program  
Looking for vendors!  
Call Kim at (218) 348-5104 or Lyn at (218) 349-1803.

The Lost Forester and Pine Valley 5.5K and 11K is now virtual  
Due to covid 19, the Lost Forester and Pine Valley 5.5K and 11K Labor Day runs have been changed to a virtual run. Your support has provided over the years $1,000 to $2,000 to the upbringing of the Blue House girls. If you do a virtual run or just make a donation, it will help towards the survival and have a positive impact on these girls. Sign up will stay open until Sunday, September 6th. You can do the run anytime and anywhere between now and Labor Day. If you wish to report your times, there is a self-reporting page.  
For more information, visit blue-house.org/lost-forester.html or look for the Lost Forester on Facebook.

The Cloquet Public Library

REACH Inc MENTORING PROGRAM

REACH is looking for adult mentor volunteers who are willing to work with a small number of youth (2-5 youth total), on a hobby or interest of the adult mentor volunteer: i.e. arts & crafts, book club, games, exercise, or sports. Each adult mentor volunteer can choose their own schedule: weekly, bi-weekly, monthly or whatever works in their schedule. Materials needed for the hobby/interest can be covered through a stipend.

Child Car Seat Safety Clinics

Parents/Caregivers are encouraged to stop by a car seat safety clinic to have their child’s car seat inspected free of charge. To attend a clinic, you will need to make an appointment through signup genius. See Cloquet Area Fire District calendar for link.  
Screening will be done with a series of COVID questions upon arrival and all participants at the clinic will be required to wear a cloth mask.  
If you have any questions, please call our Public Education Coordinator, Sarah Buhs at (218) 499-4258 or email sbuhs@cloquetafd.com.  
September 26 | 9 am - 12 pm  
CAFD Station #3 2801 Sahlman Ave  
October 20 | 3 - 6 pm  
CAFD Station #2 • 2779 Big Lake Road  
November 17 | 3 - 6 pm  
CAFD Station #3 • 2801 Sahlman Ave  

Sponsored by Cloquet Memorial Hospital, Min No Aya Win Human Services and Cloquet Area Fire District (CAFD)

Cloquet Forestry Center 5k Run/Walk  
October 6th • 5:30pm  
The race is free to all. Registration starts at 5 pm. A waiver must be filled out for each participant prior to participating.  
Due to COVID, please check our website cfc.cfans.umn.edu/outreach for updated information or Contact Rachael at 218-269-4324, rolesiak@umn.edu

Register online: www.CloquetCommunityEd.com
Welcome to the Fall session! We have many fun activities for you to join. Tell a friend and sign up early. Participants are asked to bring a staff or family member if personal care assistance is needed. If attending alone, the participants should be able to function independently in a group setting, follow simple directions and communicate their needs. Community Education welcomes people of all abilities to participate in any of the activities throughout this LumberLog.

Welcome to the Fall session! We have many fun activities for you to join. Tell a friend and sign up early. Participants are asked to bring a staff or family member if personal care assistance is needed. If attending alone, the participants should be able to function independently in a group setting, follow simple directions and communicate their needs. Community Education welcomes people of all abilities to participate in any of the activities throughout this LumberLog.

Over this summer like no other, Age to age fellows, Mackenzie Stevenson and Barb Lammi directed the painting of fairy houses, rock buddies, motivational chalk the walk, bubble blowing and pen pal cards with Kids Corner and walked to Sunnyside Care Center to share all with older residents who were social distancing on second floor.

By tapping into many area contacts, they gathered and created a Senior Resource Wall in Community Ed. Come in and check out all the great information!

Since Tech and Coffee could not be held in person due to the pandemic, a National Honor Society student, (Wyatt Line), was asked to develop “Tech Shorts”, which are a series of short videos geared to help with those sometimes-troublesome issues with technology. These helpful step-by-step videos can be accessed on the Community Ed website.

“My Senior Year” project was a writing and videotaping activity focused on promoting intergenerational relationships based on a shared experience. Due to COVID, and the lockdown of Evergreen Knoll Assisted Living, the plan was to have several elders and new graduates write and record their memories of their senior year of high school and consequently share their comments with each other after viewing. The fellows gathered, and in some instances, videotaped or voice recorded their memories and transferred that info to an IMovie dvd for viewing by both elders and new graduates.

Promoting the intergenerational community is a focus of Age to age programs and is sponsored by the Northland Foundation. Age to age helps to support the annual REACH Mentoring program Father Daughter Ball and Indian Education Spring Powwow.

~ Barb Lammi and Mackenzie Stevenson

Upcoming classes and activities:
Exercise Class (Thursdays) Sept. 24 – Nov. 12
Cooking: Terrific Taco Night! Monday, Sept. 28
Cooking: Halloween Dinner Night Monday, Oct. 26
Cooking: Wild Rice Soup Dinner Monday, Nov.16
Cooking: Pizza Casserole & Root Beer Floats Monday, Dec. 7
Fall Craft Class Friday, Oct. 2
Halloween Movie Night “Halloweentown” Friday, Oct. 9
Halloween BINGO Party! Saturday, Oct. 24
Movie & Pizza Saturday Friday, Nov. 20
Christmas Cards and Crafts Friday, Dec. 4
Dinner & Movie Night: The Kranks Friday, Dec. 11
Rudolph Night!

Call us at 218-879-1261 ask for Lisa.

Please pre-register and pay for all activities. Look for our AWD brochures which will be mailed separately.

Age to age

Oh, What a summer it was!

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